## Keeping My Cool

Choreographer: Malene Jakobsen, Denmark October 2015

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Type of dance:

32 counts, 4 wall cha cha

Level:

Easy intermediate

Choreographed to:

Keep My Cool (the single) by Madcon, available on iTunes, 132 BPM

Intro:

16 counts from the beginning 8 sec. seconds into track, dance begins with weight on L

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Counts	Footwork	
1-9	Walk fwd., L mambo, walk back, sailor 1/4 R	
1-2-3	(1-2-3) Walk fwd. R, L, R	12.00
4&5	(4) Rock fwd. on L, (&) recover onto R, (5) step slightly back on L	12.00
6-7	(6) Walk back on R, (7) walk back on L starting to sweep R into a sailor	12.00
8&1	(8) Cross R behind L making 1/4 R, (&) step slightly back on L, (1) step fwd. on R	3.00
10-17	Walk fwd., L mambo, walk back, sailor 1/4 R	
2-3	(2-3) Walk fwd. L, R	3.00
4&5	(4) Rock fwd. on L, (&) recover onto R, (5) step slightly back on L	3.00
6-7	(6) Walk back on R, (7) walk back on L starting to sweep R into a sailor	3.00
8&1	(8) Cross R behind L making 1/4 R, (&) step slightly back on L, (1) step fwd. on R	6.00
18-25	Fwd. rock, coaster, step, touch, back lock	
2-3	(2) Rock fwd. on L, (3) recover onto R	6.00
4&5	(4) Step back on L, (&) step R next to L, (5) step fwd. on L	6.00
6-7	(6) Step fwd. on R, (7) touch L behind R	6.00
8&1	(8) Step back on L, (&) lock R across L, (1) step back on L	6.00
26-32	1/4, touch, chasse, back rock, side together	
2-3	(2) Turn 1/4 R stepping R to R, (3) touch L next to R	9.00
4&5	(4) Step L to L, (&) step R next to L, (5) step L to L	9.00
6-7	(6) Rock back on R, (7) recover onto L	9.00
8&	(8) Step R to R, (&) step L next to R	9.00